

The Croak

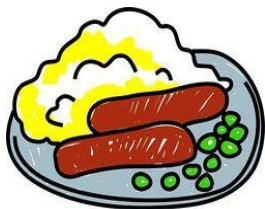
The newsletter of the Frogmore Village Community Association
www.frogmore.info



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BANGERS & MASH CHARITY BASH SUPPER



Friday 9 October, 7.00pm
Frogmore Village Hall

Two-course hot supper
(may contain sausages!)
Vegetarian options.
Great music, dancing and raffle



Music from the famous
GAZUNDER BAND

Tickets £7.50 All profits to British Heart Foundation

Amanda Starkey: Tel 531163
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DEFIBRILLATOR

With the Parish Council's support, the Frogmore Village Community Association (FVCA) is applying to the **British Heart Foundation (BHF)** for a defibrillator for the village. The BHF has a funding and training programme for Public Access Defibrillators (PADs).

If our application is successful the defibrillator will be centrally located and available to those who need it on a 24-hour basis. In an emergency, every minute without cardiac arrest treatment reduces survival by 10% - so it will be worth the investment!



FROGMORE REGATTA -Sunday 16 August from 12.30pm

Ahoy there! It's going to be a great Regatta day and we can expect 1,500 or more to be joining in the fun on Pool Meadow. Rowing and raft races, duck and mud races, children's sports, tug of war, music, Morris men, country dancing, donkey rides, performance cars, woodland crafts, swing-boats, side shows and stalls, BBQ, hog roast, cream teams, Pimms, ice cream, and so much more! Net Regatta proceeds go to the FVCA and hosted charities at the event.

Programme We start on a low tide and finish on high water.

Note these approximate competition starting times:

- 1.15pm - Mud races for the under 18s in two age groups
- 2.30pm - Children's/family sports and games
- 3.00pm - Dog show
- 3.45pm -Tug of war
- 4.15pm - Rowing races
- 5.15pm - Duck race
- 5.30pm - Globe Challenge raft race

Entry Adults £3, children £1 and free for under-fives. Free on-site car parking.

Last call for helpers!

It's a team effort and takes 100 or more folk to run the event – *more still needed!* So if you can spare an hour or two please 'sign up' now! Please speak to Anthony Greenwood (531107), Peter Hadley (531240) or any other FVCA committee member. And **THANKS!**

JEWELLERY STALL AT THE REGATTA

If bling is your thing, we would like cast off jewels and shiny things for the Bric a Brac stall. Call Carole Baston:531661.

CREEK CLEAN UP

10.30am Saturday 1 August

Join the annual Frogmore Creek clean up!

We start at the village hall with a bacon sandwich and coffee. Collect equipment and walk the foreshore chatting with friends and neighbours for an hour or so, picking up and bagging any debris, flotsam & jetsam. Then back to the village hall for a glass of wine. Suggest wellies and gardening gloves are worn. All welcome – *not such a tough morning!*

Whilst every care is taken to ensure that the contents of the Croak are correct the FVCA does not guarantee the accuracy, and cannot accept liability for, the consequences of any error in the material.

For all communications or to receive the Croak by email please contact the editor via the contact page on our website (see above).

ASCOT CHARITY DAY

Congratulations to Pat & Anthony Greenwood. Their glorious Ascot Ladies' Day garden party raised a magnificent £1,760.

This will be shared between the Royal National Institution of Blind People (RNIB) and Kingsbridge in Bloom.

It was a grand event with finery on display. A sumptuous lunch, music from David Barrow and the band, and betting 'on the nose' at Barry the Bookie's Tote made it a right royal occasion.

Thanks to Pat & Anthony for all their hard work and to the crew who helped behind the scenes and to all those who donated raffle prizes.



And, on Thursday, 10 July, Gill Matthews from Kingsbridge in Bloom and Gill Cowsill from the Royal National Institute for the Blind were presented with their cheques at The Globe Inn, for £880 each.

NEW CLASS AT THE VILLAGE HALL



A stretch exercise class for the whole body with elements of Pilates and Yoga.

Male and females welcome with all levels of ability.

Classes will be held at Frogmore village hall every Tuesday 10.30-11.30am. The class is run by Emma from The Mayberry Health Centre, Old Station Yard, Kingsbridge.

Your first session will be free, £5 a week there after. There is a limited amount of mats so please bring your own if possible. No lycra needed!!

For more information about the stretch class or anything else that the Mayberry Centre has to offer then either call 01548 853700 or visit the website

www.mayberrycentre.co.uk.

WHAT'S ON AT THE GLOBE

Folk session: Tuesday 4 August at 8.30pm

Folk session: Thursday 20 August at 8.30pm

Folk session: Tuesday 1 September at 8.30pm

Folk session: Thursday 17 September at 8.30pm

FROGMORE EVENTS CALENDAR

Frogmore Regatta – Sunday 16 August at 12.30pm

Bangers & Mash social evening – Friday 9 October 7pm at the Village Hall

Bonfire Night – 5 November at 6.00pm - Perraton Field

Seniors' Christmas Lunch – Saturday 12 December at 12.00 – Village Hall

MOSAIC PICTURE OF FROGMORE

Just to let you all know that the mosaic picture which so many of you contributed to is now finished and we are in the process of liaising with the Parish Council to place it in a central position in the village. By the way, it looks wonderful! Well done everyone!